

ROUND ROCK COMMUNITY WOMEN'S SELF DEFENSE CLASS: SITUATIONAL AWARENESS

DATE: Monday, June 4th
TIME: 6:30 – 8:30 PM

WHERE: CLAY MADSEN RECREATION CENTER
1600 GASTIS SCHOOL RD.

**Limited to the first 20 females who register. Mandatory
Registration – So we have an accurate head count.**

**Register by emailing Carolyn Brinkley at
rwfselfdefense@gmail.com**



SIGN UP NOW FREE CLASS

**Limited to 20
Females age 18 and
older per class**

**INSTRUCTION
BY THE
WILLIAMSON
COUNTY
SHERIFF'S
OFFICE AND
LIFEFORCE
TRAINERS**

**Contact Carolyn for more info
about this class and other
related fitness classes**